



Yamhill County
Health and Human Services
Public Health

ALERT

**COPY AND DISTRIBUTE TO
Health Care Providers**

To: Health Care Providers in Yamhill County

From: Yamhill County Public Health

Date: **12/18/24**

Regarding: **Ongoing cluster of *Shigella sonnei* in Oregon**

Phone number for follow-up: **(503) 434-7483**



State of Oregon
Health Alert Network

Oregon Health Authority (OHA) has identified a rapidly expanding cluster of *Shigella sonnei* infections matching by whole-genome sequencing. Since June 7, 2024, 75 Oregon cases of this subtype have been reported to OHA. 38 (51%) of the 75 cases and 33 (75%) of the cases since October 1, 2024, are residents of Portland-area counties (Multnomah, Clackamas, Washington) and 26 (35%) of the 75 cases are residents of Marion County. All isolates that have been tested for antimicrobial resistance are resistant to ciprofloxacin and trimethoprim. Many cases report experiencing homelessness or having regular contact with people experiencing homelessness through work or social interactions.

Please consider testing for *Shigella* in any person experiencing homelessness who presents with diarrhea. Most cases of shigellosis can be managed with supportive care without antimicrobial therapy. However, severe cases (e.g., admitted to hospital or septic) may require therapy. Given the resistance seen in many isolates and the co-circulation of *Shigella* strains with diverse resistance profiles, please base your therapy on results of antimicrobial susceptibility testing. Clinical laboratories should promptly forward isolates and specimens testing positive for *Shigella* by PCR to Oregon State Public Health Lab for further analysis.

Additionally, please share information with patients about how to stop person-to-person transmission. Regular hand washing, avoidance of preparing or sharing food or drugs/paraphernalia with others and abstaining from sexual contact until two weeks after symptoms improve can reduce transmission of *Shigella*. Please obtain accurate patient contact information for public health interviewers, especially for unstably housed individuals who are likely to have *Shigella*.

For more information, contact Madeline LeVasseur Madeline.LeVasseur@oha.oregon.gov.

Unless otherwise noted, feel free to share this HAN notification with:

- Others within your organization.**
- Professionals within your health, preparedness, and response affiliations.**

Oregon 24/7 disease reporting: 971-673-1111