

Purpose

Reduced incidence of loneliness, depression, and substance use in older adults in Yamhill County



Contact us for more information

Email:

opods@yamhillcounty.gov

Call:

503-474-6853



HEALTH AND HUMAN SERVICES

Older Adult Peer Outreach for

Loneliness
Depression

Substance Use

Age-Related Concerns



Oregon Older Adult Behavioral Health Initiative

How it works

We offer up to 10 visits to offer peer support.

Our older adult peers may assist participants with learning specific health and wellness strategies.

Depending on individual needs & preferences, the peer may also connect participants with a variety of community resources.

If indicated, assistance with referrals to more specialized services can be provided.



Eligibility

- Be an older adult (55 years or older)
- Living in Yamhill County
- Identified as possibly experiencing depression, loneliness, substance use, and/or age related concerns

Individuals to be served could be identified by anyone in the community and referred for screening

- Agencies
- Primary care
- Family members
- Friends
- Faith-based group
- Self referral

OPODS

Older Adult Peer Outreach for Depression and Substance Use



As an outreach service our peers come to you. They can connect with you in

- your home
- a long-term care setting
- a coffee shop
- a community location