

## INTENSIVE IN HOME BEHAVIORAL HEALTH TREATMENT

*Is not a time limited program, but based on an individuals need, and can be accessed from a variety of community settings such as foster homes, group homes, shelter care and behavioral rehabilitation services.*

*Youth are considered for IIBHT without regard to : race, ethnicity, gender, gender identity, gender presentation, sexual orientation, religion, creed, national origin, age, intellectual/developmental disability, IQ score, or physical disability; and youth an family participation in other services or supports.*

Yamhill County  
Health and Human Services  
Family and Youth  
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Yamhill County Family and Youth: People in Yamhill County live, work, learn and play in a safe community that supports wellness and dignity.

YOUR LOGO  
HERE



## Intensive In Home Behavior Health

*IIBHT is a team based treatment model that offers a combination of services and supports delivered in a community based setting. IIBHT provides intensive and individualize care to youth who have complex mental health/behavioral health needs to support the youth/family in a natural environment so as to successfully maintain the youth in the home or reintegrate back into the home.*





## Eligibility for IIBHT:

- ◆ Age 0-20 who are enrolled in OHP
- ◆ Meet medical necessity as determined by a mental health assessment. Which include:
  - Multiple mental health diagnoses
  - Have significant impacts on multiple life domains
  - Significant safety risks
  - At risk of out of home placements
  - Or transitioning back home from residential placement.

## WHAT DOES IIBHT PROVIDE?

When referred to IIBHT a family can expect the following:

1. The youth and caregiver will receive an in depth **Mental Health Assessment**, which includes use of pre and post screening tools
2. An **Orientation** to IIBHT so as to understand the roles and expectation of IIBHT
3. A **Crisis/Safety plan** that is co created by the youth/family and treatment team that identifies strategies to prevent emergency situations, warning signs and strategies to deescalate, strength based and use of natural and formal supports
4. **Service plan** created by the youth/family that creates a road map for recovery which is:
  - ◆ Individualized
  - ◆ Addresses needs identified from the assessment
  - ◆ Service are at times/locations that are convenient for the family
  - ◆ Consistent with principals family driven/youth guided
  - ◆ In person for a minimum of 4 hours per week
5. Have **Treatment Reviews** every 30 days
6. Have a **Transition Plan** for continued success

## WHAT CAN A FAMILY EXPECT:

IIBHT provides a cross discipline approach with system of care guiding principals with a wide service array including:

- ◆ Case Management
- ◆ Crisis Support
- ◆ Proactive 24/7 crisis response
- ◆ Psychiatric Services
- ◆ Skills training
- ◆ Individual/Family Therapy

