



Yamhill County
Health and Human Services
Public Health

ALERT

**COPY AND DISTRIBUTE TO
Physicians and other Health
Care Providers**

To: Physicians and Other Health Care Providers
in Yamhill County

From: Yamhill County Public Health
Fax number: (503) 472-9731

Date: **7/22/21**

Regarding: *2021 Sexually Transmitted
Infections Treatment Guidelines*

Phone number for follow-up: **(503) 434-7483**

The CDC released the [2021 Sexually Transmitted Infections Treatment Guidelines](#) today. The 2021 guidelines replace the 2015 STD Treatment Guidelines.

Please note that no urgent action needs to be taken in response to the release of the new guidelines—patients treated with 2015 recommended regimens do not need retreatment with 2021 recommended regimens.

These updated guidelines discuss:

- 1) updated recommendations for treatment of *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, and *Trichomonas vaginalis*
- 2) addition of metronidazole to the recommended treatment regimen for pelvic inflammatory disease
- 3) alternative treatment options for bacterial vaginosis
- 4) management of *Mycoplasma genitalium*
- 5) human papillomavirus vaccine recommendations and counseling messages
- 6) expanded risk factors for syphilis testing among pregnant women
- 7) one-time testing for hepatitis C infection
- 8) evaluation of men who have sex with men after sexual assault
- 9) two-step testing for serologic diagnosis of genital herpes simplex virus.

Chlamydia treatment:

The 2021 guidelines include a change to [chlamydia treatment](#) that was already introduced in the gonorrhea treatment update published in December 2020: doxycycline 100 mg twice a day for 7 days is now the preferred treatment regimen for chlamydia (all sites) as it has demonstrated higher effectiveness compared to azithromycin. Azithromycin 1 gm in a single dose is still a recommended regimen and is particularly appropriate when pregnancy or adherence concerns are present.

Key resources to share with STD prevention partners:

- The full 2021 STI Treatment Guidelines and associated provider resources are available on the CDC's [STD website](#)
- Printable copies of the wall chart, pocket guide, and MMWR are available for download on the CDC STD website and free copies will be available for order through [CDC-INFO On Demand](#) soon.
- An updated STI Treatment Guidelines mobile app is in development by CDC and is expected to launch in the coming months.

Please reach out to Yamhill County Public Health's Communicable Disease team (503-434-7483) or OHA's STD/HIV Prevention Nurse Consultant, Jillian Garai (JILLIAN.D.GARAI@dhsosha.state.or.us) with any questions.