

THE ROLE OF A BEHAVIOR CONSULTANT

Behavior Consultants focus on changes that can be made by the caregiver or within the person's environment.

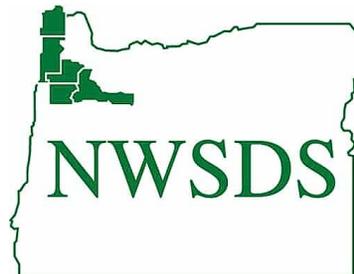
Using interviews, observations, and environmental assessments the consultant completes a Person Centered Evaluation, develops a Behavior Support Plan and provides supporting materials to help caregivers create and/or maintain a positive relationship with the individual they serve.

Consultants teach caregivers how to utilize and implement the Behavior Support Plan through individual coaching, group training, and modeling.

Common group trainings facilitated by consultants include:

- Behavioral Triggers
- Boundaries
- Burnout and Self-Care
- Communication
- Dementia
- Empathy and Respect
- Escalation Cycle
- Executive Functioning
- Mental Health Basics
- Person-Centered Care
- Power Struggles

IN PARTNERSHIP



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**HEALTH AND
HUMAN SERVICES**

BEHAVIOR SUPPORT SERVICES

Serving Yamhill, Marion, and Polk Counties

Assisting Individuals in
attaining an optimal level of
emotional and social
functioning



FUNDED BY THE DEPARTMENT
OF HUMAN SERVICES

WHAT ARE BEHAVIOR SUPPORT SERVICES?

Behavior Support Services (BSS) are provided by Behavior Consultants using a Positive Behavior Support model.

These services focus on developing supports within the person's environment and improving interactions with caregivers in order to address:

- Challenging behaviors
- Cognitive processing
- Communication skills
- Self-help activities
- Impulse control
- Adaptive skills

BSS is not appropriate for an individual who is in an unstable medical or mental health crisis and needing immediate attention from medical and/or mental health professionals.

Behavior Support Services works to reduce the frustration, injuries, stress, unsuccessful placements, and concerns that can occur when people with persistent and challenging behaviors are not provided the support that they and their caregivers need.

WHO IS ELIGIBLE?

Medicaid-eligible individuals who are receiving Home and Community Based Care Waiver 1915c services are eligible for BSS if they have one or more of the following needs:

- Individual's Assisted Living Facility, Residential Care Facility, Adult Foster Home, or in-home agency provider is requesting assistance to address behaviors which are disruptive to other residents or challenging for caregivers.
- Existing behavior plan for an individual has been identified as inadequate, not used, or ineffective.
- Individual is in a new placement and has had a recent unsuccessful placement due to challenging behaviors.
- Individual has received or will receive a move out notice due to challenging behaviors.
- Individual has been assigned a special rate to support caregivers who are expected to implement a behavior plan.
- Individual is receiving psychotropic medications, as needed (PRN), for specific behavior but there is no behavior plan in place to augment the medication plan.

HOW TO INITIATE A REFERRAL

Services are authorized on a case by case basis through North West Senior and Disability Services (NWSDS).

Contact the individual's case manager to request BSS services. The case manager will submit a referral to our team. Once accepted, a consultant will coordinate with you to begin the process.

If you are unsure how to connect with your individual's case manager, please call your local office to initiate a referral or if you have any additional questions/concerns.

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